

DENTOKAN JUJUTSU

Nidan-Gi

Roy Hobbs Sensei 2007



Nidan-Gi – 2nd Grade (Black Belt) Skill

Suware Waza - Sitting Techniques

1. Matsuba Dori - Pine Needle Art
2. Gyaku Kote Gaeshi - Reverse Wrist Turnover
3. Ude Osae Dori - Arm Pin Art
4. Mune Osae Dori - Chest Pin Art
5. Uchi Komi Dori - Strike Inside Art
6. Konoha Gaeshi - Leaf Turnover
7. Aya Dori - Woven Cloth Art

Hantachi Waza - Half Standing Techniques

8. Hantachi Mae Dori - Half Standing Front Art

Tachi Waza - Standing Techniques

9. Maki Komi - Winding Inside
10. Tachi Gyaku Kote Gaeshi - Standing Reverse Wrist Turnover
11. Shuto Jime - Sword Hand Lock
12. Ryote Shuto Jime - Both Hand Sword Lock
13. Ude Osae Dori - Arm Pin Art
14. Mune Osae Dori - Chest Pin Art
15. Ryo Ude Osae Dori - Both Arms Pin Art
16. Ryo Mune Osae Dori - Both Chest Pin Art
17. Mune Konoha Gaeshi - Chest Leaf Turnover
18. Katate Osae Aya Dori - One Hand Pin Woven Cloth Art
19. Uchi Komi Dori - Strike Inside Art
20. Mae Niho Nage - Front Two Way Throw
21. Ushiro Niho Nage - Rear Two Way Throw